

8-Day "Routine-age"

Days 1-4: Workdays:

- | | | | | |
|---|---|---|---|---|
| - Get up at 5am for Bible Study & prayer time | — | — | — | — |
| - Get David up & shower/dress at 6:10am | — | — | — | — |
| - Put away/rinse & load some dishes | — | — | — | — |
| - Start/switch or fold/put-away some laundry | — | — | — | — |
| - Work | | | | |
| - During Lunch: | | | | |
| o Read modules for 15 min. | — | — | — | — |
| o Read for fun for 15 min. | — | — | — | — |
| o Work GB & MM on FB | — | — | — | — |
| - After work: | | | | |
| o Grocery shopping as needed | — | — | — | — |
| - At home: | | | | |
| o Fold/put away 1 basket of laundry | — | — | — | — |
| o Rinse/load or put away some dishes | — | — | — | — |
| o Prep oatmeal & lunches for next day | — | — | — | — |
| o Read for pleasure | — | — | — | — |
| - Go to bed by 10:30pm | | | | |

Day 5: 1st Day Off:

- | | |
|--|---|
| - Get up at 5am for Bible study & prayer time | — |
| - Chores: | |
| o Rinse/load dirty dishes | — |
| o Water plants around house | — |
| o Sweep house | — |
| o Pick up clutter around house | — |
| o Fold/put away laundry | — |
| - Workday: Grace Ballroom | |
| o Create GB FB events for the next week | — |
| o Create/schedule Saturday's newsletter | — |
| o GB daily FB posts (create & schedule) | — |
| o Post/share rental/events/lessons ads in marketplace | — |
| - Cook meals for days off (grocery trip may be required) | — |
| - Afternoon/evening for other plans | — |
| - Read for pleasure (at least 30-45 min) | — |
| - Go to bed by 10:30pm | — |

